



The Raw Potato Cure

Mrs. Green is also the originator of the potent raw potato remedy for burns, administered by her trained *talmidos*. The potato remedy has proven effective in healing severe second- and third-degree burns, provided treatment is begun right away.

The treatment should be initiated before help is summoned because medical personnel will typically rush a patient to the hospital without allowing for treatment that will delay them. In the interim, the flesh continues to burn and more damage is done.

Many burn patients who have used this treatment report that their recovery has been miraculous. The results speak for themselves. Those who opt for the conventional route are often subjected to painful skin grafts, infections and lifelong scarring.

According to the World Health Organization, burns are the eleventh leading cause of death in young children. However, with prompt intervention, even severe burns can heal with minimal side effects.

INSTRUCTIONS

Immediately after the burn occurs, immerse the area in cold (not freezing) water until the pain subsides. Then call the Burn Gemach (or neighbors and friends who can help) right away.

A bag of potatoes should be peeled, then grated by hand. (You can use sliced potatoes for a smaller burn; however, a larger burn needs grated potatoes to draw out more heat.)

Put a layer of grated potatoes about half an inch thick directly over the entire burn area. Cover the area with paper towels to

help absorb moisture and keep the potatoes in place. Cover the area with Saran Wrap and tape it closed (taking care not to wrap too tightly to maintain circulation). The potatoes will start to become hot as they draw the heat out of the burn.

At the beginning, put on freshly grated potatoes every few hours. If the area is still hot, put an ice pack or ice cubes in a bag on top of the grated potatoes. The burn should be monitored every few hours. Once the affected area starts shrinking and looking healthier, it is time for the second phase of treatment, which includes powders and creams. These are administered by the trained women of the Burn Gemach.

The women who administer the Monsey Burn Gemach can be reached through *Ami*.